

CURRICULUM VITAE

Of

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PERSONAL DETAILS

Date of Birth - 13/02/1982
Birth Place - Nagpur, India
Nationality - Indian
Languages - Hindi, English

CAREER OBJECTIVE

I find working in the field of physiotherapy very fulfilling because it enables me to help people regain their health and happiness. My constant endeavour is to hone my skills and proficiency to the utmost level of perfection, so that one day I can realise my goal of heading an organisation and making a positive impact on people's lives.

EDUCATIONAL QUALIFICATIONS

B.P.Th.

ACHIEVEMENTS

Workshops/ C.M.Es Attended:

1. Women's Health In 2006 Organized By R.N.P.C. Sawangi(Meghe), Wardha
2. Pulmonary Rehabilitation: Current Concepts in 2007 Organized By R.N.P.C Sawangi (Meghe), Wardha.
3. Neuro Dynamics – Current Concepts in 2007 R.N.P.C. Sawangi (Meghe), Wardha.
4. A Hands On Workshop On "Manual Therapy Concepts" In Integrated Approach (Cyriax, Maitland, Mckenzie, Vleeming And Mennell Concepts) For The Vertebral Column And Pelvic Complex (Manual Therapy Foundation Of India) in 2008 Organized By RNPC Sawangi(Meghe), Wardha.
5. Workshop On Brunnstrom Approach-Movement Therapy For Hemiplegia On 26 & 27 Of August 2008 Organized By Padmashree Dr. D. Y. Patil College Of Physiotherapy, Pimpri, Pune

6. Physiotherapy In Critical Care- On 7th September 2008 Organized By Lokmanya Hospital,Nigdi,Pune
7. Mulligan's Concept Course By Deepak Kumar-Capri Institute Of Manual Therapy in October 2008
8. C.M.E -Excellence In Hip & Knee Replacement On 15th January 2009 Organized By SKNMC,Narhe,Pune

PROJECTS

Prevalence of work related Musuloskeletal Disorders in Carpentees.

Effect of Modified Pilates Exercises in Individuals with Chronic Non - Specific low back pain.

WORK EXPERIENCE

1. Physiotherapy / occupational and Rehab department of Ruby Hall clinic, Pune 411001 as a Observer- From 21/02/08 - 24/03/08
2. Ashwini Orthopaedic Centre and physiotherapy clinic - Wardha as a Physiotherapist From 01/04/2008 to 13/7/2008.
3. Pad. Dr. D.Y. Patil College of physiotherapy, Pimpri, Pune as Asst. lecturer from 18/07/08 to 19/01/09.
4. CIIMS Hospital, Nagpur as a Physiotherapist from 01/05/09 to 16/10/09.
5. CIIMS Hospital, Nagpur as a Physiotherapist from 01/06/10 till date.